

SWISS SPA & FITNESS

REGENERATION, BALANCE AND VITALITY



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360° WELLBEING & HEALTH



SIGNATURE MESSAGES & PRIVATE SPA MOMENTS

SWISS FLOW RELAX MASSAGE

Deep relaxation

Gentle, flowing massage with a choice of aromatic oils, e.g. lavender for relaxation or almond oil for sensitive skin.

50 Min - CHF 140

80 Min - CHF 190

ALPINE ACTIVE RELEASE

Muscle regeneration

Deep-acting massage, supplemented by mobilization and stretching. The natural aromas of orange-lemongrass or green tea-ginger support regeneration.

50 Min - CHF 140

80 Min - CHF 190

PURE SKIN SCRUB

Exfoliation & detox

A gentle fruit enzyme scrub followed by a soothing shower and detox massage. Stimulates skin renewal and promotes blood circulation.

50 Min - CHF 160

80 Min - CHF 210

BUSINESS RELEASE

Neck & shoulder massage

Targeted massage for the back, neck and shoulder area - ideal for business travelers and seminar guests. This soothing treatment can also be performed while seated and wearing clothes, perfect for a relaxing break in between.

20 Min - CHF 70

30 Min - CHF 90

SWISS CHOCOLATE CHILDREN'S MASSAGE

Children's spa experience

Gentle massage with warm, fragrant chocolate oil - especially for children.

20 Min - CHF 70

30 Min - CHF 90

BATH TIME FOR TOGETHERNESS

Private spa bath

Luxurious bath for two with soothing essences for relaxation.

50 Min - CHF 140



EXCLUSIVE FACIAL TREATMENTS

PURE BALANCE FACIAL 50 Min – CHF 140
 80 Min – CHF 190
 Cleansing & care
Thorough cleansing with intensive moisturizing care. Removes impurities and restores vitality.

SENSITIVE GLOW FACIAL 50 Min – CHF 150
 80 Min – CHF 200
 Gentle care for sensitive skin
Soothes irritations, strengthens the skin's protective barrier and provides intensive moisture.

SWISS COLLAGEN INFUSION 50 Min – CHF 160
 80 Min – CHF 210
 Moisture & radiance
Collagen & hyaluronic complexes for deep moisture, improved elasticity and visible plumping.

THE GENTLEMAN'S RITUAL 50 Min – CHF 140
 80 Min – CHF 190
 Facial care for men
Moisturizing, soothing and targeted against signs of aging.

CAVIAR SUPRÊME FACIAL 50 Min – CHF 240
 80 Min – CHF 320
 Luxurious anti-ageing care for him and her
High-quality caviar extracts promote cell renewal and smooth fine lines. The skin gains elasticity and radiates youthful freshness.

All treatments are made with Swiss Made cosmetics

DAY SPA EXPERIENCE

DAY SPA – DAY WELLNESS Mon to Thu – CHF 210
 Day wellness experience Fri to Sun – CHF 230
Free access to the spa & wellness area, sauna, steam bath, relaxation zones, sunbathing lawn by the lake, gondola sauna. Includes CHF 150 treatment voucher.

DAY SPA MEMBER CARD CHF 1'100
 10 flexible entries
10 flexible spa admissions, incl. CHF 600 voucher for spa treatments or personal training.


DETOX DAYS

DETOX STAY – 2 NIGHTS Price on request
 Cleansing & regeneration
A tailored detox program with stretching or yoga, a guided mountain hike, a detox massage and targeted nutritional supplements.

DETOX STAY – 5 NIGHTS Price on request
 Deep revitalization
Intensive detox stay with daily exercise sessions, a hike, several detox massages and supportive nutritional supplements.

WEDDING SPA PACKAGES

PRE-WEDDING SERENITY Relaxation before the wedding <i>2 massages & an exclusive signature drink for the perfect start to the big day.</i>	CHF 300
POST-WEDDING RECOVERY Recovery after the wedding <i>Choice of a revitalizing facial for the bride & men's treatment for the groom or 2 massages & a relaxing togetherness bath with exclusive signature drink.</i>	CHF 390
JUST MARRIED SPA RETREAT All-round wedding relaxation <i>Combination of Pre-Wedding Serenity & Post-Wedding Recovery for maximum relaxation.</i>	CHF 650



“A happy marriage is like a spa day for the soul - full of warmth, harmony and relaxation”



PRIVATE GUIDED TOURS & NATURE EXPERIENCES

Experience exclusive tours in the most beautiful natural landscapes in Switzerland. Discover impressive panoramas, cultural highlights and, if you wish, relaxing boat trips on Lake Lucerne.

RIGI HIKE

Queen of the mountains

Guided hike with spectacular views over Lake Lucerne. Off the beaten track on request for an exclusive experience.

Price and duration individually on request

VITZNAU NATURE WALK

Nature experience & panorama

Guided hike through the most beautiful nature trails in Vitznau. Discover breathtaking views, untouched landscapes and hidden paths. Perfect for nature lovers looking for peace and inspiration. Individually customizable.

Price and duration individually on request

PILATUS ADVENTURE

Mountain experience

Ride on the world's steepest cogwheel railroad, explore the summit with optional panoramic hikes. Can be combined with a boat trip back to Vitznau.

Price and duration individually on request



LUZERN CITY TOUR

Historical city tour

Explore the most beautiful sights of Lucerne – from the Chapel Bridge to the Lion Monument. With culinary stops on request..

Price and duration individually on request

BÜRGENSTOCK EXPERIENCE

Luxury & view

Breathtaking views over Lake Lucerne with the famous Hammetschwand aerial cableway and an exclusive spa or restaurant visit.

Price and duration individually on request

TITLIS GLACIER TOUR

Glacier experience

Spectacular ride on the Titlis Rotair gondola lift to over 3,000m, with ice cave exploration and suspension bridge.

Price and duration individually on request

STAND-UP-PADDLING & PERSONAL TRAINING

SUP- SAFARI

Discovery tour on Lake Lucerne

Experience Lake Lucerne from a new perspective on a SUP safari. Glide across the water and learn the technique to paddle safely and elegantly.

60 min – CHF 150
Each additional person
+ CHF 20

SUP-YOGA OR WORKOUT

Balance or strength

Choice of SUP yoga for relaxation or core workout for stability & muscle strength.

60 min – CHF 150
Each additional person
+ CHF 20

PERSONAL TRAINING

Individual training

*Tailor-made unit for strength, flexibility & balance.
Optionally with yoga, Pilates or customized personal training. Optional: Outdoor*

60 min – CHF 150
Each additional person
+ CHF 20



All offers are subject to availability.

Please arrive on time – you will be welcomed in the spa area.

If you are late, your treatment will be shortened.

Please note that we will charge the full treatment price for reservations canceled 24 hours or more before the treatment appointment. Treatments daily from 9.00 a.m. to 8.00 p.m. (outside opening hours on request).

Please inform us of any allergies, medical conditions, recent operations, etc. when making your reservation.

BOOKING & INFORMATION

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